



International Sri Deep Madhavananda Ashram Fellowship “Yoga in Daily Life”

Schikanedergasse 12/13, A 1040 Vienna, Austria

Phone: +43-676 424 53 98, Fax: +43-1-587 35 89

e-mail: fellowship@yoga-in-daily-life.org

web: www.yoga-in-daily-life.org

INFORMATION FOR MEDIA

Initiator of world peace activities promoting and tolerance among religions, nations and cultures and Founder of the “Yoga in Daily Life” System,

His Holiness Mahamandaleshwar
Paramhans Swami Maheshwarananda (Swamiji)

is contributing to events in Johannesburg on the occasion of the

World Summit on Sustainable Development

JOHANNESBURG SUMMIT 2002

26 August – 4 September



“World Peace and Ecology Meditation Workshop”

at the Global Forum of the WSSD, Aug. 30, 10 a.m.

A two hour workshop teaching the Self-Enquiry meditation technique of “Yoga in Daily Life” as a practical solution for gaining inner peace and self-responsibility, which leads to greater chance of world peace and social responsibility.



Multifaith Conference – “Pathways to Peace”

Witwatersrand University, Johannesburg, The Great Hall, Sept. 1, 6 p.m.

In order to strengthen interfaith relations, understanding and cooperation, Swamiji will gather with leaders of the world religions.



“Desert Rain Water Harvesting Initiative”

Presentation at the Water Dome, Sept. 2, 5.30–7.30 p.m. & Sept. 3, 2.00–4.00 p.m.

This "Type 2"–partnership initiative of the WSSD will utilise traditional Rainwater Harvesting techniques in conjunction with community based watershed management plans to provide a sustainable model to be used in drought affected areas throughout the world.



THE SYSTEM “YOGA IN DAILY LIFE”

Swamiji has developed and has been teaching for 30 years the scientific system »**Yoga in Daily Life**« which has been spread from Europe to the whole world for the welfare of mankind and all living beings. His holistic yoga system offers health and help in life to everyone regardless of age and denomination. It is taught and practiced in schools, pre-schools, sport centers, spas, rehabilitation centers, cultural centers, private clubs and proved itself specially in prevention and rehabilitation, problems of vegetative nerve system, stress caused illnesses, psycho-somatic and sleep disorders, cardio vascular diseases and functional illnesses. The main goal of the »Yoga in Daily Life« system – which is a combination of the ancient teaching and wisdom of India and knowledge of modern time – is to attain and preserve our physical, mental, social and spiritual health.

Current Projects in Rajasthan, India

In the Indian State of Rajasthan there is the international epicenter for the Yoga in Daily Life organization and many of its humanitarian projects (including the above mentioned Desert Rain Water Harvesting Initiative):

- free mobile ambulance service
- medical Ayurvedic & Naturopathic clinic for the local community
- free fire brigade and water transport service
- a primary school for local children
- Gyan Putra child education sponsorship program
- animal refuge and veterinary service
- desert regeneration and tree planting scheme

Recent Conferences and Awards

2000 *Millennium World Peace Conference of Religious and Spiritual Leaders*, New York, USA

2001 *Interreligious Dialogue* with the Catholic Archbishop Leonard Faulkner and Heads of Christian Churches of South Australia, Adelaide, Australia

International & Interreligious World Peace Prayers in numerous cities in Austria, Spain, Germany, Croatia, Slovenia, Hungary, Czech Republic, Slovakia, USA, Canada, Australia, New Zealand and India

Forum 2000 organized by President Vaclav Havel on behalf of “Human Rights”, Prague, Czech Republic

2002 *Earth Dialogues Forum*, Speaker on the Spiritual and Religious Leaders Roundtable, Lyon, France

Interreligious Dialogue with Heads of various denominations (Catholic Church, Anglican Church, Judaism, Islam, Sikh, Baha'i, Unitary Church, and others), Adelaide, Australia

Awarded by the President of Croatia Mr. Stjepan Mesić for his humanitarian efforts worldwide and met with *H. H. the Dalai Lama* in Zagreb at that time.

XIX World Conference of WACRA Europe, Brno, Czech Republic.

International Conference on Drug and Alcohol Addiction Prevention, New Delhi, India.

World Summit on Sustainable Development, Johannesburg, South Africa.

Initiator and organizer of the International Conference “World Peace and the Message of Mahatma Gandhi on 5 October, 2002, Vienna, Austria.